

Name _____

Why is exercise important? D34–D35

Scoring Criteria	1	2	3	4
Student followed directions to complete this activity.				
Student predicted the number of times he or she could do an exercise in one minute.				
Student worked with a partner to collect data.				
Student recorded data about the exercise he or she did.				
Student explained the importance of exercise for living a healthy life.				

Score: total points	
Score: % equivalent	

Scoring Key

- 4 points** correct, complete, detailed
- 3 points** partially correct, complete, detailed
- 2 points** partially correct, partially complete, lacks some detail
- 1 point** incorrect or incomplete, needs assistance

Comments: